

Leading Through Change

(45 - 60 minutes)

Change is the only thing that stays the same. It is our response to that change that dictates our success.

How do the world's most consistently high performing leaders ALWAYS find a way to get their teammates to the finish line and achieve their goals against all odds? Are they lucky, blessed or immune to setbacks? Nope. Great leaders experience times of great turbulence, challenge and change in every aspect of their lives—but it is their **attitude and mindset that carries them and their teammates to greater heights** in the FACE of that change.

Leading through Change means Being Ruled by the Hope of Success versus the Fear of Failure, Embracing Setbacks as a Chance to Learn and Excel, and Never Letting the Pursuit of Perfection Hinder Progress. In her Leading Through Change keynote, Robyn shares incredible stories and videos from the worlds of adventure racing and firefighting that illustrate how great leaders **succeed against all odds and triumph in the face of adversity.**

Robyn's stories and meaningful messages will not only entertain and amaze... your attendees will walk away with **easily applied leadership skills** that will help them **shatter the norm, see challenges versus roadblocks, and inspire their teammates** to once again see a future full of possibilities.

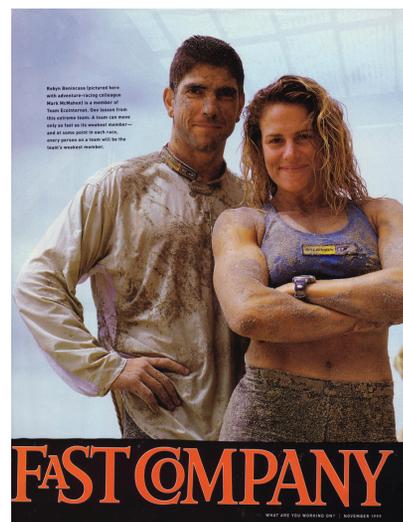


Meet Robyn Benincasa: The Adventurer Who Inspires



*Robyn's All-Female Fire Crew:
First in the Nation*

Robyn Benincasa is a World Champion Adventure Racer, award-winning motivational speaker, 3x Guinness World Record kayaker, San Diego firefighter, 10x Ironman triathlete, New York Times bestselling author, proud owner of two bionic metal hips, and the Founder and CEO of the 501c3 Project Athena Foundation, which helps survivors live an adventurous dream as part of their recovery.



The Fast Company Magazine Article, Extreme Teamwork, that inspired Robyn to share her team's mindset and wisdom with business leaders...



World Champion Adventure Racer

For the past 20 years, Robyn and her teammates have studied teambuilding, leadership and performance in the most extreme classrooms on Earth: the jungles of Borneo, the Himalayan peaks of Tibet, the rivers of Fiji, the rainforests of Ecuador, and the epic brush fires of Southern California (just to name a few)! It is through these harrowing, life affirming, and often hilarious experiences that Robyn has emerged with her unique perspective on what it takes to succeed against all odds and go the distance in any endeavor.



Runner's World Heroes

Founder of the Project Athena Foundation

In 2014, Robyn was named a CNN Hero for the Project Athena Foundation. Project Athena is a 501c3 non-profit foundation that helps women who have endured life-altering medical setbacks live an adventurous dream as part of their recovery. Robyn was inspired to start the foundation as a result of her own medical challenge—two total hip replacements. “I’m honored to be chosen a CNN Hero,” she says, “but the Athenas (Survivors) who reach their recovery goal of a Project Athena adventure are the true heroes. The mission of the foundation is to put Athenas in a position to inspire and amaze themselves—to be the very best they are today.”



www.ProjectAthena.org

