

**MEET 20 WOMEN WHO AREN'T AFRAID  
TO TELL IT LIKE IT IS**

# **THEY'VE BEEN VERY BAD. (That's Good.)**

## **ROBYN BENINCASA**

**ADVENTURE RACER, 34**

**WHAT MAKES HER BAD:** Five years ago, ditched sales job (and pantyhose) to train full time; in 1998, became first American team member to win a major adventure race (the Raid Gauloises in Ecuador). Now a San Diego firefighter, last year was member of first U.S. team to win Eco-Challenge gruelathon, logging 144 hours of racing time in swamps, rivers, caves and leech-infested jungles of Borneo—on less than 14 hours of sleep.

### **STYLE POINTS:**

Completed Ironman World Championships with a 104° fever, won national judo title and graduated with honors from Arizona State. Enough already!

