

## Robyn Benincasa

WORLD CLASS ADVENTURE RACER | FIREFIGHTER | BEST SELLING AUTHOR | CNN HERO



### Speaking Topics

Featured: Building World Class Teams | 8 essential elements of human synergy

What do the world's most successful teams have in common? — The ability to upgrade their "teamwork" to Human Synergy! If your goal is to increase performance by inspiring your team to adapt, overcome, and win as ONE, How-Winning-Works-this keynote is the perfect message to set the tone for your event. Robyn Benincasa takes your team on a fast-paced multimedia adventure which visually and viscerally imparts the attitude and mindset that allows groups of ordinary people to accomplish truly extraordinary feats together... especially when the stakes are high, the goals are audacious, and constant change is the only thing your team can count on (aside from one another!). During her "8 Essential Elements of Human Synergy" keynote, this World Champion Adventure Racer, CNN Hero and San Diego Firefighter has attendees buzzing with inspired ideas about how to raise their team to the next level (against all odds), both personally and professionally. And your team will take home simple and easily applied skills that allow them to create Human Synergy with all of the teammates in their lives. There is an old proverb that says, "If you want to go fast, go alone. If you want to go far, go together." The epic, entertaining and meaningful stories and videos shared in Robyn's "Building World Class Teams" keynote leaves your team with a deep understanding: with true Human Synergy they will go farther AND faster in pursuit of their goals!

More Topics: [Leading Through Change](#) | [Why Winners Win](#)

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### Who is Robyn?

- A former corporate sales rep, Robyn advises organizations on how to create World Class Teams of their own by creating Human Synergy.
- World Champion Eco-Challenge Adventure Racer, 10x Ironman, 2x Guinness World Record Distance Paddler who lives with stage 4 osteoarthritis, Robyn is the proud owner of 2 metal 'bionic hips'.
- New York Times best-selling author of How Winning Works, "an excellent resource for all business owners on approaching challenges with a team mentality."
- As Founder of the [Project Athena Foundation](#) (Survivors to Athletes!), Robyn has helped Survivors live their adventurous dreams since 2007 and was chosen as a CNN Hero for this work.

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## Rave Reviews

*"One word, PHENOMENAL! Robyn had the audience's attention from the moment she stepped out on stage. The Adventure Racing stories she shared were not short of incredible and showed the epitome of TEAMWORK. I have no doubt that every single person at the conference walked away with a new perspective and appreciation of what TEAM really means. You rocked it!!" - Jessica Donnelly, RN – Chair, Perioperative Professional Nurse Council, Christiana Care Health System*

*"I have received rave reviews about your presentation. People loved your story, passion and teachings on teamwork. An inspiration to us all!" - Nicholas Paquette, Senior Manager of Genentech*

*"The Dwyer Group has celebrated 33 annual reunions and this year's was a record turnout with a World Class keynote speaker. Robyn Benincasa really moved our franchisees forward with her real-life stories and the message that "nobody wins alone." Thanks to Robyn's desire to inspire we are a better company!" - Dina Dwyer-Owens, Co-Chair of The Dwyer Group, Inc.*

*"If I paid you for every time I quoted you since our meeting, you would be a billionaire! You are an institution here!" - Howard Halle, EVP, Florida Division Manager of Wells Fargo Commercial Banking*

*"Home run lady. We've had a broad range of impactful speakers over the last decade. Nonetheless, many folks came to me and said you were the best ever. Congratulations. If you have anyone on the fence about booking you, have them give me a call." - Steve Tomson, Director of Sales of ProfitStars / Jack Henry & Associates*

*"1) Lean in and take risks; 2) Develop internal and external networks; 3) Give away the credit. Manage ego" "Excellent! Astounding! Inspiring! So much to learn from the presentation!" - Attendee Comments from the Chevron Leadership Development Program*

